

2024 / 2025 SEASON KARATE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 1X PER WEEK	SATURDAY 1X PER WEEK
KARATE TOTS AGE 3.5 TO 5 4 WEEK PROGRAM 4:30 - 5:00	JUNIOR AGE 8 TO 12 WHITE TO ORANGE 5:00 - 6:00	PRE JUNIOR AGE 5 TO 7 - ALL BELTS 5:00 - 5:45	JUNIOR AGE 8 TO 12 WHITE TO ORANGE 5:00 - 6:00	12 WEEK MINI DRAGONS AGE 3.5 TO 5 4:30 - 5:00	12 WEEK MINI DRAGONS AGE 3.5 TO 5 9:30 - 10:00
PRE JUNIOR AGE 5 TO 7- ALL BELTS 5:00 - 5:45	JUNIOR AGE 8 TO 12 RED TO GREEN 6:00 - 7:00	TEEN AGE 13 TO 17 ALL BELTS 5:45 - 6:45	JUNIOR AGE 8 TO 12 RED TO GREEN 6:00 - 7:00	PRE JUNIOR AGE 6 TO 9 WHITE TO YELLOW 5:00 - 5:45	PRE JUNIOR AGE 6 TO 9 ALL BELTS 10:00 - 10:45
TEEN AGE 13 TO 17 ALL BELTS 5:45 - 6:45	JUNIOR AGE 8 TO 12 BLUE TO BROWN 7:00 - 8:00	BLACK BELT + PREP BROWN & BLACK 6:45 - 7:15	JUNIOR AGE 8 TO 12 BLUE TO BROWN 7:00 - 8:00	PRE JUNIOR AGE 6 TO 9 ORANGE & UP 5:45 - 6:30	KOBUDO AGE 7 - 10 ORANGE ADV. & UP 10:45 - 11:30
BLACK BELT + PREP BROWN & BLACK 6:45 - 7:15		ADULT 17 + ALL BELTS 7:15 - 8:30		JUNIOR AGE 9 TO 13 ALL BELTS 6:30 - 7:30	KOBUDO AGE 11 + ORANGE ADV. & UP 11:30 - 12:30 TESSHINKAN
ADULT 17 + ALL BELTS 7:15 - 8:30					

JOIN NOW



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